

Zouk Restaurants

Zouk means the best of style and the best of taste, and it is our philosophy to make sure this is what every customer experiences. On the a la carte menu you'll find mouth-watering authentic curries and a selection of seafood and modern healthier alternatives to enjoy. Alternatively to try something totally different treat yourself to one of our chefs specials.

Zouk Catering

We love to feed people, in fact it's what we do best, so the launch of our catering business was a natural progression. Our specialities include weddings, parties and corporate events but we can provide food for smaller parties or more intimate events too.

Zouk Cookery School

Whether you are a complete novice in the kitchen or a budding master chef, our cooking school is a fabulous fun-filled event. The cooking school gives you a chance to learn some of the secrets of Asian cooking first hand. Book now and learn to dazzle your friends and family at home.

For information, sample menus or gift vouchers please ask at reception or visit zoukteabar.co.uk

Starters

Appetiser

Popadoms £0.50

Deliciously tasty crisp popadoms

Pickle Tray £1.00

A mixture of our freshly blended sweet and sour chutneys

Chicken Imlee £3.95

Chicken Tikka pieces served with a tangy tamarind and plum sauce

Chooza Chaat £4.50

Pan-fried slivers of chicken and pepper in a sizzling hot sauce

Crispy Calamari £5.95

Tasty calamari in a spicy batter served with saffron mayo

Seekh Kebab £3.50

Juicy minced lamb kebabs with fresh ginger, spices and chilli

Tandoori Haddock £5.50

Haddock fillet marinated in garlic, coriander and crushed pomegranate

King Prawns £6.50

Delicious succulent prawns marinated with olive oil, crushed cumin & coriander seeds

Chicken Liver £3.95

Rich and flavoursome liver marinated with lemon and crushed chillies, then cooked on a Tawa Asian griddle

Spicy Prawn Cakes £4.95

Delicious pan-fried cakes made with juicy prawns & spices and served with saffron mayo

Tandoori Mixed Grill £5.95

Mixed chargrilled starter with Chicken Imlee, Seekh Kebab, Lamb Chop & Chicken Drumstick

Scallops £5.95

Scallops marinated with select herbs & spices and grilled over hot charcoal.

Gola Kebab £4.95

A delightful tasty combination of chicken Keema, crumbled paneer & peppers mixed with herbs and spices and char-grilled

Punjabi Lollipop £4.95

Chicken wings marinated in pomegranate and gently cooked over hot charcoal

Chilo Kebab £5.50

Thin slices of tender lamb fillet marinated in mouthwatering spices

Tava Lamb (for 2 people) £9.95

Our very own invention a unique starter to share. Sizzling crispy lamb served with pickles, chutney and pancakes... eat, wrap, share!

Veg Starters

Samosa Chaat £3.95

Traditional Pakistani chaat with a delicious fresh samosa, tamarind sauce and raita

Paneer Tikka £3.95

Skewer of onions, peppers and spicy Indian cheese cooked in a Tandoor

Masala Mirch £3.95

Jalapeno chilli stuffed with herbs & spices and cooked in a spicy tomato sauce

Houmus £3.95

Freshly made with chickpeas, lemon & Mediterranean herbs & spices served with mini naan bread

Alloo Paratha £3.95

Spicy mashed potatoes cooked inside a butter tawa chapatti with pickle or raita

Falafel £3.95

Arabian style falafel with crushed chickpeas, herbs & spices

Mains

Karahi

A traditional dish from the North West region of Pakistan. The Karahi is prepared over hot flames with tomatoes, crushed peppercorns, cumin, ginger & garlic.

Lamb £7.95

Chicken £7.95

Minced Lamb £7.95

King Prawn £10.95

Zouk Special Karahi £9.95

Chicken, Lamb, Mushrooms and potatoes

Handi

The Punjabi style dish is slow cooked over burning flames with tomato, onions, garlic & zouk garam masala.

Lamb £8.50

Chicken £8.50

Biryani

Basmati rice cooked using the traditional method from the Province of Sindh with potatoes, spices and garam masala. Served with raita or curry sauce.

Chicken £8.95

Lamb £8.95

King Prawn £9.95

Chicken Haleem £7.95

A speciality from Delhi with thin slivers of chicken breast cooked with four different types of lentils and cracked wheat

Chicken Tikka Masala £8.50

Chicken pieces marinated in yoghurt, then barbecued over charcoals & tossed inside a balti of garlic & ginger

Chicken Tikka & Keema £8.50

Char-grilled chicken tikka pieces in a creamy masala with minced lamb, ginger & garlic

Chicken Jalfrezi £8.50

Chicken pieces cooked with capsicum, onion & eggs in a thick spicy sauce & finished with masala & coriander

Mains continued

Chicken Khabani £8.95

A deliciously hot curry with a hint of sweetness. Tender chicken is cooked with aromatic spices, fiery red chillies and apricots, then topped with potato straws

Chicken Korma £7.95

A mild dish of tender chicken pieces cooked with cream, coconut & almonds

Butter Chicken £8.95

Barbecued chicken breast cooked in a buttery sauce with gentle spices & cashew nuts

Chicken & Spinach £8.95

A robust flavoured dish with chicken pieces cooked with spinach, fenugreek & ginger

Lamb Nihari £9.95

A traditional speciality from Lahore, slow cooked lamb in a thick & spicy sauce

Lamb Sultani £10.95

Tender lamb shank marinated in aromatic spices and slowly cooked until the meat just falls off the bone

Lamb Neelgiri £8.95

Lightly spiced Goan style lamb cooked in fresh coconut, curry leaves and crushed coriander seeds

Lamb Laziz £8.95

Punjabi style lamb curry slowly cooked until tender with aromatic spices in a traditional handi

Railway Curry £9.95

A Rajasthan inspired fiery lamb curry cooked on the bone using natural yoghurt and both fresh green chilli and red Kashmiri chillies

Paya £7.95

A traditional dish of sheeps trotters cooked slowly until the meat is tender with a rich & spicy broth

Magaz £7.95

Pakistani speciality of sheeps brain pan-fried with onions, tomatoes, green chillies & garam masala

Seafood

Goan Fish Curry £11.95

Aromatic haddock curry cooked with fresh coconut, curry leaves & cracked mustard

Salmon £9.95

Fillet of salmon marinated in herbs & spices to give this dish an Asian twist

Sea Bass £10.95

Marinated in herbs & spices & gently grilled over the pani sigri

King Prawn & Baby Spinach £9.95

A sizzling dish of king prawns & fresh spinach stir-fried with ginger and delicate spices

Zouk Seafood Special £10.95

King prawns, haddock, warm water prawns & mushrooms cooked with pomegranate & coriander seeds in a thick spicy sauce

Lobster Thermadour £29.95

Succulent lobster meat removed from the shell & pan fried with mustard, onions, mushrooms, garlic & finished with fresh cream. Served in the lobster shell with grilled cheese, rice and sautéed vegetables

Lobster Gwadri Khas £29.95

A sensational masala lobster cooked with gentle spices from the Baluchistan province in Pakistan. Served with katchumber salad of onions, cucumber, tomatoes & lemon juice. Served in the lobster shell with rice and sautéed vegetables

Vegetarian Mains

Palak Paneer **main** £7.95 / **side** £4.50

Spinach leaf & fenugreek cooked with paneer Asian cheese

Palak Alloo £7.95 / £4.50

Spinach leaf & fenugreek cooked with new potatoes & coriander

Mill Juli Sabzi £7.95 / £4.50

Fresh vegetables fused together with herbs & spices

Bindi £7.95 / £4.50

Traditional Punjabi dish of Okra cooked with onions, tomatoes and spices

Tarka Dall £7.95 / £4.50

Channa and mung lentils cooked in a spicy sauce

Dall Makhani £7.95 / £4.50

Black lentils in a smooth and creamy sauce

Mutter Paneer £7.95 / £4.50

Peas & soft cheese cooked in a mildly spiced sauce

Chilli Paneer £7.95 / £4.50

Delhi style stir fry of paneer cheese in a delicious chilli sauce

Vegetable Tikka £8.50

Char-grilled aubergines, courgettes, capsicums, tomatoes, onions & mushrooms. Served with rice and a spicy sauce

Zouk Steaks

All steaks are marinated with Zouk's special herbs & spices & served with handcut potato chips & a selection of garden vegetables

Lamb Fillet Steak £15.95

8oz Beef Rib Eye Steak £16.95

Chicken Steak £11.95

Sauces

Choose from: **Pepper Sauce,**
Zouk Sauce

Zouk Gourmet Burgers

A special combination of herbs & spices means our burgers are bursting with flavour. Each is char-grilled to perfection & served with fresh bread buns, salad, relish & handcut chips

Special Burger £6.95

Delicious Burger hand formed with the finest minced beef

Chicken Burger £6.95

Quality chicken fillet burger coated in lightly spiced batter

Extras £1.00 each

Choose from: **Cheese**
Garlic Mayo
Zouk Chilli Sauce
Zouk Spicy BBQ Sauce

Zouk Schwarmas

Gourmet meats barbequed slowly & sliced to order. Served in a wrap with a delicious dressing & handcut potato chips

Chicken £6.95

Slices of chicken cooked over an open flame with lemon juice

Lamb £6.95

Succulent lamb cooked over an open flame with oregano & thyme

Accompaniments

Bread

Chapatti £0.95

Tandoori Roti £1.25

Romali Roti £1.95

Naan £2.95

Garlic Naan £3.50

Garlic & Coriander Naan £3.50

Peshwari Naan £3.50

Keema Naan £3.95

Cheese Naan £3.50

Rice

Pilau Rice £2.95

Lemon Rice £2.95

Boiled Rice £2.95

Mushroom Rice £2.95

Egg Rice £3.50

Vegetable Rice £3.50

Cashew Rice £3.50

Chutney

Raita £1.95

Mint Sauce £1.95

Mango Sauce £1.95

Imlee Sauce £1.95

Tomato Chutney £1.95

Chips

Chips £2.95

Traditional hand cut maris piper chips

Gunpowder Chips £2.95